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Sept 13 - 23 at various elementary and middle schools.

The “monkey mind” is a term that refers to being unsettled, restless, or confused. ... It is also the part of your brain that becomes easily distracted, so if you want to get anything done in life, your challenge will be to train it.

Once upon a time, on a beautiful island lived four friends, a Pelican, a Turtle, a Seal, and a hermit Crab. One day a monkey arrives and things turn topsy turvy, The animals must come together to protect their sanity, friendship and the island itself.

The animals eventually learn, the trick is not to let the monkey take control but to train it to use it to one's benefit.

The performance ends with a workshop that delves deeper into understanding our socio-emotional responses to everyday situations that we experience.